

RESUME

PAYAL BHARGEVA

D.O.B. : 14/06/1997

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OBJECTIVE

To apply my skills and expertise in diagnosing, handling, counseling, and providing support to patients who are going through emotional, intra-and inter-personal, and psychological struggles.

HOBBIES & INTEREST AREAS

Exploring new things and places,
Listening to Music.

ACADEMIC BACKGROUND

QUALIFICATION	BOARD/UNIVERSITY	YEAR(s)	PERCENTAGE/CGPA
MA Psychology	IGNOU	2020	Result awaited
B.A PROGRAMME	GARGI COLLEGE (DU)	2018	5.57 CGPA
12 TH	Rajkiya Sarvodaya Kanya Vidyalaya No.1 (CBSE Board)	2015	83.40%
10 th	Rajkiya Sarvodaya Kanya Vidyalaya No.1 (CBSE Board)	2013	5.8 CGPA

EXTRA-CURRICULAR ACTIVITIES

Participated in Social Work in NGO –“Umeed – A Drop of Hope” in 2017.

INTERNSHIP

- ✓ **Krishav Arcade Vocational Training Center 2AFC18 Karakdoma Institutional Area, from December 1st to March 31st, 2019-2020.**
- Ability to establish rapport with others as a requisite for healthy and therapeutic relationships
- Ability to receive and utilize constructive feedback regarding performance, presentation and relationships with others
- Ability to remain calm and supportive in psychological emergencies and/or crises when provided with appropriate supervision and direction.

CERTIFICATIONS

- ✓ **Counselling Psychology Workshop**
- ✓ **Workshop on Projective personality Assesment**
- ✓ **Implications of COVID19 for Mental Health**
- ✓ **Udemy & Code of Mind school – first step into Overcoming Your Fear**
- ✓ **Udemy & Ashish Ngar NLP , Instructor – Women Mental Health Wellness Course**
- ✓ **Udemy & Kimberlee Everson , PhD , Instructor – Panic Anxiety Survival**

COMPUTER SKILLS

Microsoft Office (Word, Excel, PowerPoint)

LANGUAGES KNOWN

English, Hindi and German

SKILLS

- Expertise in diagnosing, identifying, and treating various psychological conditions
- Expertise in collecting patient information through interviews, observations, tests and surveys
- Ability to detect patterns that enables me to predict and understand behavior
- Adeptness in creating and implementing patient treatment plans
- Skill in creating programs that help address psychological issues in campuses and workplaces
- Great interpersonal skills that allow me to collaborate with physicians and other healthcare workers
- Excellent communication skills

DECLARATION

I consider myself with management aspects. I am also confident of my ability to work sincerely.
I hereby declare that the information furnished above is true to the best of my knowledge.

Date:

Place:

(PAYAL BHARGEVA)